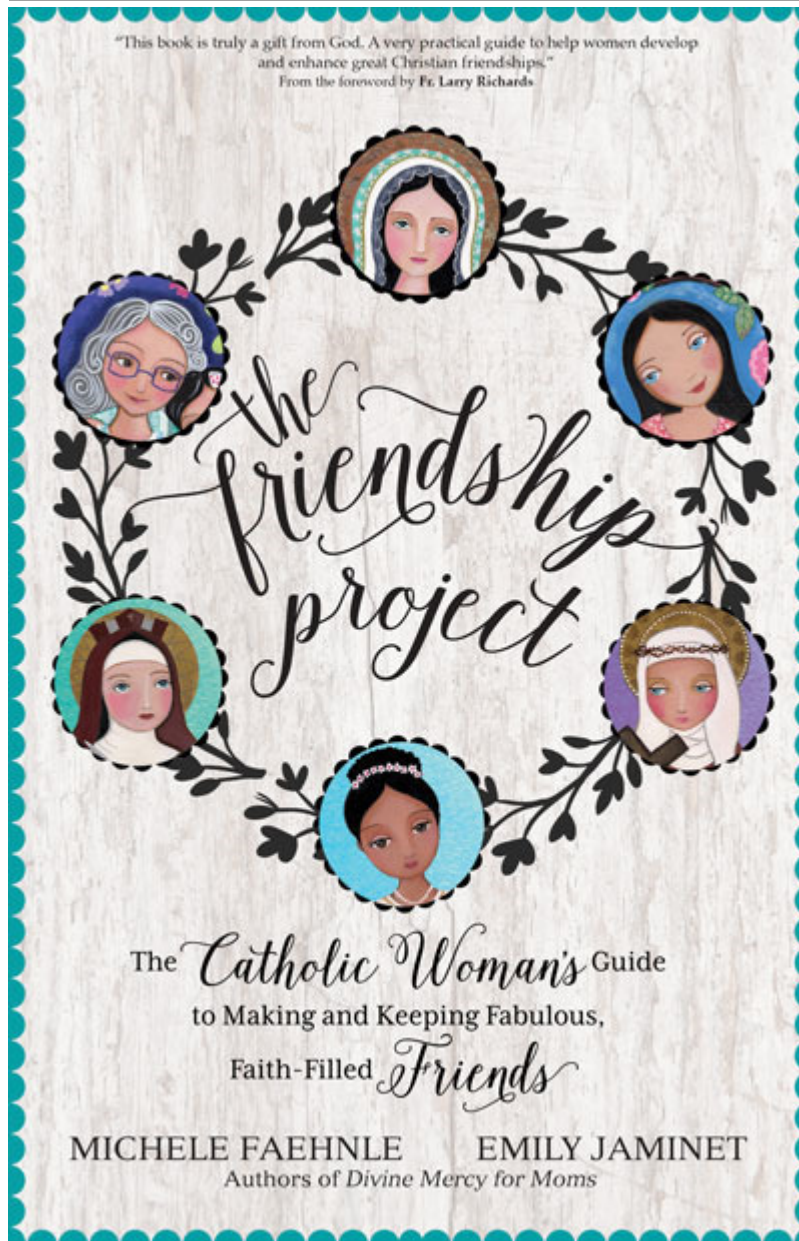


# The Book

“A compelling case for the lost art of spiritual friendship.”

Colleen Carroll Campbell  
Author of *My Sisters the Saints*



Michele Faehnle and Emily Jaminet are dedicated wives, mothers, and volunteers. They are also friends, Catholic speakers, and the coauthors of *Divine Mercy for Moms*, a Catholic best seller, which continues to inspire women to come together to pray, study, and live in friendship around the Divine Mercy devotion. As their personal friendship of more than 20 years continued to blossom with ministry work, Michele and Emily realized that friendship was an integral part of their lives as Catholics and they needed to continually work to develop deep, meaningful relationships that would allow them to be themselves, to care for others and be cared for, and to deepen their Catholic faith.

In *The Friendship Project*, Michele and Emily explore the cardinal and theological virtues with an eye toward friendship. Focusing on faith, hope, love, prudence, gratitude, loyalty, generosity, and prayerfulness, they help us answer questions such as, “What does it mean to be women of hope, and how does that change our lives and make us more compassionate friends during difficult times?” and “How does prayerfulness teach us how to listen to and talk with both God and our friends, which helps us reach out to those we love?”

Michele and Emily answer these questions and more by employing Church teaching and telling us stories of their own friendships and those from the lives of saints and biblical women—including the Blessed Virgin Mary and St. Elizabeth, St. Thérèse of Lisieux and her sister Servant of God Léonie, and Sts. Perpetua and Felicity. Not only will you be drawn closer to friends both new and old but you’ll also be reminded how these friendships—and the virtues you practice to nurture them—draw you closer to God.

**Prayers, discussion questions, and a study guide make this a perfect resource for women’s groups!**